

Board of Directors Application

Name <u>Emily Spellman</u>		[] Ms	. [x]Mrs.	[] Mr. [] Other
Home Address <u>1920 Hanna</u>	ah Jo Ct Iowa City, IA 5	2240 F	hone <u>31</u>	9-541-2063
Employer <u>UIHC</u>	Title	Associate Nursing	g Director, N	leonatal Services
Business Address <u>200 Hawk</u>	ins Drive Iowa City, IA	52240 Phone _	319-356	-3870
Contacted by Shannon Gre	eene			
School(s) or College(s) atten	ded			
Name/location	Major/Degree		Dates	S
University of Iowa	Bachelor of Science in	n Nursing 1	.993-1997	
University of Iowa			011-2013	
Aspen University, Phoenix, A	Z Doctor of Nursing Pra	actice 2021-pro	esent (comp	lete 1/24)
Employment (most recent first)				
Organization	Location	Position	Da	tes
UIHC (NICU)	owa City, IA	Assoc Director	2	019-present
		Nursing Practic	e Leader 2	015-2019
		Interim Nurse N	Manager 2	014-2015
		Assistant Nurse	Manager 2	012-2014
		Staff Nurse	<u>1</u>	997-2012
Volunteer Experience (most	recent first)			
Organization	Location	Position	Da	tes
Kohawk Aquatics Swim Club	Cedar Rapids, IA	<u>Volunteer</u>		2021-present
UI DeGowin Blood Bank	Iowa City, IA	Regular blood d	<u>onor</u>	2016-present
<u>Iowa City Eels Swim Club</u>	Iowa City, IA	Volunteer/Hosp	itality Chair	2007-2019
<u>Lucas Elementary School</u>	<u>Iowa City, IA</u>	<u>Volunteer</u>		2006-2012



Club/Organization Experience (most recent first)

Organization	Location	Position	Dates
Iowa Association of Neor	natal Nurses	Board President	2021-2023
National Association of N	<u>leonatal Nurses</u>	<u>Member</u>	2008-present
Sigma Theta Tau Internat	tional, Gamma Chapter	<u>Member</u>	2012-present
Iowa Organization for Nu	ırsing Leadership	<u>Member</u>	2019-present
American Organization for	or Nursing Leadership	<u>Member</u>	2019-present
UI Stead Family Children	's Family Advisory Council_	<u>Member</u>	2013-2018

Areas of Expertise, skill, experience, or interest

Place an X next to those in which you have interest

Trace an Arrest to those in	,	
Circle the X if you have pre	evious experience	
[] Accounting	[] Financial Management	[x] Marketing/communication
[x] Advocacy	[] Fund Development	[] Program Development
[] Benefits (employee)	[x] Human Resources	[] Public Speaking
[x] Event planning	[] Legacy Planning	[] Strategic Planning
[] Facility Management	[] Legal	[] other

How do you see yourself contributing to Ronald McDonald House Charities of Eastern Iowa and Western Illinois?

I would relish this opportunity to serve others as a member of the board of the Ronald McDonald House. I bring years of direct healthcare and leadership experience. I interact directly with the families who are served by the Ronald McDonald House as part of my position in the NICU. The value and support that this organization brings to families of hospitalized children cannot be understated. I have experience leading others, managing and overseeing large operational budgets, working on effective teams, interacting with the public, and presenting an image of positivity and goodwill.

Please provide two professional references:

Name	Position	Relationship	Phone Number
<u>Tami Pollari</u>	<u>Director, UIHC</u>	<u>Colleague</u>	319-353-7870
Janine Petitgout	Director, UIHC	Colleague	319-384-5928

Please return this form, along with a copy of your most recent résumé, to :
Shannon Greene, Chief Executive Officer sgreene@rmhc-eiwi.org
730 Hawkins Drive, Iowa City, Iowa 52246





Board of Directors Application

Name <u>Jennifer Erdah</u>	<u>ll</u>	[] Ms	. [x]Mr	s. [] Mr. [] Other
Home Address <u>1341</u>	Langenberg Ave, Iowa City, IA		Phone _	641-330-5023
Employer <u>University o</u>	f Iowa Stead Family Children's	Hospital (UI SF	<u>CH)</u>	
Title <u>Interim Associate</u>	e Director, Acute Care Pediatric	: <u>S</u>		
Business Address <u>20</u> 0	O Hawkins Drive, Iowa City, IA		Phone _	319-356-8994
Contacted by <u>Shanno</u>	on Greene			
School(s) or College(s) attended			
Name/location	Major/Degree			Dates
Capella University	Master of Science: Nur	sing	4/2018	-12/2019
University of Iowa	Bachelor of Science: Nu	ursing	8/2000	<u>-5/2005</u>
Employment (most re	-			_
Organization	Location	Position		Dates
	Pediatric Intensive Care Unit			
	<u>Pediatric Intensive Care Unit</u>			
UI SFCH	Pediatric Intensive Care Unit	Staff Nurse		<u>8/2005-4/2011</u>
Volunteer Experience	(most recent first)			
Organization	Location	Position	1	Dates
lowa Soccer Club	Iowa City, IA	Parent Team	Manage	er <u>7/2019-present</u>
	use Iowa City, IA			1/2002-5/2002
UIHC	Burn Unit 8JC	Volunteer		8/2001-12/2001
	perience (most recent first)			
Organization	Location	Position	-	Dates
RMHC-EIWI	Iowa City, IA Program	ms & Services	Commit	tee <u>10/2022-present</u>
UI Dance Marathon_	lowa City, IA	Family Relation	ons Chai	r 4/2003-3/2005



UI Dance Marathon	lowa City, IA	Business Committee	4/2002-3/2003
Areas of Expertise, skil	, experience, or interest		
Place an X next to those	e in which you have interest.		
Circle the X if you have	previous experience		
[x] Accounting	[] Financial Manageme	nt [] Market	ing/communication
[x] Advocacy	[x] Fund Development	[x] Progra	m Development
[] Benefits (employee)	[] Human Recourses	[] Public S	Speaking
[x] Event planning	[] Legacy Planning	[] Strateg	ic Planning
[] Facility Management	: [] Legal	[] other _	

How do you see yourself contributing to Ronald McDonald House Charities of Eastern Iowa and Western Illinois?

I am fortunate to have the perspective of caring for the patients and families in one of the hospitals that the RMHC-EIWI supports. Within UI SFCH we recommend, encourage, and guide families of our patients towards utilization of the services RMHC-EIWI offer. I am a strong advocate for patient and family centered care within the hospital setting and have worked over the years to create an environment within the patient care unit that supports family presence. The addition of the Ronald McDonald Family Room has been an integral step to providing families amenities and space to be present with their children receiving care while also giving them the support to care for themselves. As a caregiver, your focus, energy, and attention all go towards the child in need. The caregiver needs the space and permission to receive care themselves so they can be at their best for the child/patient. I believe my experience and knowledge in caring for these families within the hospital can provide valuable information and guidance in continued areas of need that RMHC-EIWI can work towards supporting.

Please provide two professional references:

Name Position Relationship Phone Number

Jackie Nelson Interim Director of Nursing, UI SFCH Supervisor 319-356-4902

Tami Pollari Director for Patient & Family Care Services, UI SFCH Co-worker 319-353-7870

Please return this form, along with a copy of your most recent résumé, to :



Shannon Greene, Chief Executive Officer sgreene@rmhc-eiwi.org

730 Hawkins Drive, Iowa City, Iowa 52246



JENNIFER ERDAHL

1341 Langenberg Ave, Iowa City, IA 52240 641-330-5023 jennifer-erdahl@uiowa.edu

EXPERIENCE

UNIVERSITY OF IOWA STEAD FAMILY CHILDREN'S HOSPITAL

Iowa City, IA

Interim Associate Director, Acute Care Pediatrics

07/2022 to Current

- Administrative oversight for PICU, L9 and L10 pediatric medical/surgical inpatient units, and Children's and Women's Services inpatient vascular access and phlebotomy teams.
- Support management of daily operations across the division including patient movement and staffing.
- Hire, develop, manage, and mentor the performance of divisional nursing leaders such as nurse manager, assistant nurse manager and clinical practice leaders.
- Assist Director in the development of the divisional budget by providing recommendations.
- Monitor monthly budget reports and work with nurse leaders from each team to enhance efficiency and meet target goals.
- Collaborate with divisional and departmental nursing and medical directors to advocate for process improvements and program development.
- Evaluate patient satisfaction and staff engagement and facilitate development of strategies to enhance the patient, family, and staff experience.

UNIVERSITY OF IOWA STEAD FAMILY CHILDREN'S HOSPITAL

Iowa City, IA

Nurse Manager, Pediatric Intensive Care Unit/Pediatric Cardiac Intensive Care Unit

01/2018 to Current

- Manage the daily operations on the unit.
- Hire, develop, and manage the performance of staff members.
- Assist Associate Director in the development of the unit budget by providing recommendations.
- Monitor monthly budget reports and work with the nursing leadership team to enhance our efficiency and meet target goals.
- Collaborate with Division and Medical Directors to advocate for process improvements and program development.
- Oversee clinical education activities for unit staff.
- Evaluate patient and staff satisfaction and facilitate development of strategies to enhance the patient, family, and staff experience.

UNIVERSITY OF IOWA CHILDREN'S HOSPITAL

Iowa City, IA

Assistant Nurse Manager, Pediatric Intensive Care Unit

04/2011 to 01/2018

- Assist in management of the daily operations on the unit.
- Provide leadership and support when working with the multi-disciplinary team to continue improving and maintaining the delivery of high quality and safe care to the pediatric critically ill patient population.
- Participate in the assessment and evaluation of nursing care requirements.
- Assist in the development, revision, implementation, and evaluation of standards of care for the pediatric patient population.
- Assess resources needed to provide safe patient care and recommend changes in staffing based on unit needs.
- Provide feedback and support to staff nurses to assist with performance improvement.
- Perform interviewing, staff selection and orientation education to new staff members.

UNIVERSITY OF IOWA CHILDREN'S HOSPITAL

Iowa City, IA

Registered Nurse, Pediatric Intensive Care Unit

08/2005 to 04/2011

- Provide nursing care for critically ill patients ranging in age from infant to adolescent.
- Manage post-operative care for patients following various procedures including cardiothoracic, neurosurgical, orthopedic, otolaryngologic, transplant, and trauma.
- Experience with therapies including continuous renal replacement therapy, extra-corporeal membrane oxygenation, left ventricular assist device, conventional and high-frequency ventilation.
- Communicate effectively and efficiently with the interdisciplinary healthcare team.

- Fulfill charge nurse role when assigned; Manage nurse staffing and patient admissions, transfers, and discharges for unit on a shift-by-shift basis.
- Provide leadership to peers in the charge nurse role and as a preceptor for new staff nurses and students.

EDUCATION AND TRAINING	
MASTER OF SCIENCE: NURSING LEADERSHIP AND ADMINISTRATION Capella University, Minneapolis, MN	12/2019
BACHELOR OF SCIENCE: NURSING University of Iowa, Iowa City, IA	05/2005
ACTIVITIES AND HONORS	
100 Great Iowa Nurse, 2021	
AACN Beacon Gold Award for Excellence – PICU, 2020	
Member, American Association of Critical Care Nurses	

Registered Nurse, State of Iowa Critical Care Registered Nurse Certification Pediatric Advanced Life Support Instructor Basic Life Support for Healthcare Provider

Emily A. Spellman, MSN, RNC-NIC

Phone: 319-541-2063 • E-Mail: emily-wilson@uiowa.edu

Career Objective

I am an expert registered nurse with prolific clinical experience in neonatal intensive care and a passion for leadership and education

Experience

University of Iowa Stead Family Children's Hospital 1997 – Present

Staff Nurse July 1997 – August 2012

Intermediate Care NICU July 1997 – October 2002

Provided expert care to premature and ill newborn infants from birth through discharge. Facilitated family-centered care and provided education to families regarding the care of their newborn. Served as a mentor and preceptor for newly hired nurses and nursing students.

NICU Float Nurse October 2002 – April 2007

Demonstrated flexibility and adaptability with the ability to effectively provide care in all NICU bays.

NICU Bay 1 Designated Charge Nurse April 2007 – August 2012

Provided leadership and guidance on the night shift. Facilitated admissions and patient flow in and out of the unit. Worked closely with medical staff and nursing supervisors to ensure that safe, quality care is provided to the patients and families. Provided bedside and delivery room resuscitation care to ill and premature infants. Served as a role model to fellow nurses by demonstrating use of hospital policies and standards of practice. Participated in unit committees and quality assurance and improvement projects.

Assistant Nurse Manager, NICU Interim Nurse Manager, NICU Bay 1

August 2012 – March 2014 March 2014 – January 2015

Provided leadership and support to staff nurses while sustaining day-to-day activities in NICU. Maintained bedside nursing skills and expertise in order to care for critically ill infants. Advocate for change and institute best practices in order to maintain quality and safe care. Collaborate and participate in multidisciplinary quality improvement projects. Encourage and facilitate shared governance. Maintained responsibility for budget and resource utilization as well as ensure patient and family satisfaction. Planned and implemented orientation for new staff. Provided on-going education and competencies to staff nurses.

Nursing Practice Leader, NICU

January 2015 - August 2019

Mentor and educate newly hired NICU staff nurses. Supervise the orientation process and provide education and support to preceptors. Implement evidence-based practice in the NICU setting through quality improvement and ensured adherence to policies and procedures in nursing practice. Effectively lead and participate in committees on the unit and divisional level. Provide on-going unit-specific education. Oversee implementation and provide support and education for new products and current practice changes using evidence-based practice. Lead interdisciplinary simulation activities. Maintain bedside nursing skills to care for infants and remain an expert clinician.

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Associate Director, Neonatal Services

August 2019 - Present

Oversee and lead nursing care services for Level IV Neonatal Intensive Care Unit. Collaborate with interdisciplinary services to provide efficient, quality care while supporting patients and families. Responsible for process improvement, clinical outcomes, budget management and staff development.

Along with the Emergency Department Associate Director, oversee and lead the neonatal/pediatric transport program which provides safe, emergent air and ground transport to UIHC from outlying hospitals.

Plan, lead and implement simulation and education activities and Neonatal Resuscitation Program (NRP) for NICU staff from all disciplines. Write and obtain grant funding to support this program. Manage equipment and supplies for simulation.

Education

The University of Iowa May 1997

Bachelor of Science in Nursing

The University of Iowa December 2013

Master of Science in Nursing

Aspen University In Progress

Doctor of Nursing Practice Anticipated graduation January 2024

Professional Development

Registered Nurse, State of Iowa 1997 – present

NCC Certified: Neonatal Nursing 2008 – present

Instructor, Neonatal Resuscitation Program 2007 - present

Instructor, STABLE Program 2007 – present

Member, American Organization for Nursing Leadership Current

Member, Iowa Organization for Nursing Leadership Current

Member, Sigma Theta Tau International Current

Gamma Chapter

Member, National Association of Neonatal Nurses Current

Board President, Iowa Association of Neonatal Nurses 2021-2023

Preceptor, University of Iowa College of Fall Semester 2013

Nursing Honor Student

Mentor and Preceptor, Chamberlain University Fall Semester 2016

MSN student

Preceptor, University of Iowa College of Nursing Spring 2017
RN to BSN Student

Awarded 100 Iowa Great Nurses 2018

CAPE Simulation program (Center for January 2019
Advanced Pediatric and Perinatal Education)

UIHC Pay it Forward Award November 2020

Trauma Informed Professional Certification July 2022

Preceptor, University of Iowa College of Nursing Fall 2022

DNP Student

Committee and Project Involvement

Co-chairperson, Children's Hospital Transition

January 2016 – February 2017

Education Planning Committee

Member, University of Iowa Stead Family Children's 2014 – present

Hospital Quality and Safety Council

Chairperson, UIHC Children's and Women's Services 2012 – 2019 Staff Education Committee

Member, University of Iowa Children's Hospital 2013 – 2018 Family Advisory Council

Member and Small Group Facilitator, University of Iowa 2015 - 2019
Department of Nursing Nurse Residency Board

Member, Iowa Neonatal Quality Collaborative 2017 - present

UIHC Department of Nursing Professional Recognition 2018 - 2020

UIHC Department of Nursing Professional Recognition Program Board

Presentations

Poster Presentation, Improving Communication and Handoff between the OR and NICU
American Nurses Association Annual Conference

American Nurses Association Annual Conference March 2016 Iowa Association of Nurse Leaders May 2016

Elgin, T., Spellman, E., Thomas, B., Rabe, G., Barlow, P., 2018 Colaizy, T. [Poster]. *Simulation of the Neonatal Golden Hour* University of Iowa Graduate Medical Education Leadership Symposium Spellman, E., & Heinz, Michele. [Poster]. Improving

Admission Temperatures in the Neonatal Intensive Care Unit

UIHC Quality and Safety Symposium

Elgin, T.G., Spellman, E., Barlow, P., Schmelzel, M.,
Colaizy, T., Rabe, G. [Poster]. Multidisciplinary simulation
of the neonatal golden hour improves very low birth
weight infant admission temperatures
Midwest Society for Pediatric Research Conference

Elgin, T.G., Spellman, E., Barlow, P., Schmelzel, M.,
Colaizy, T., Rabe, G. [Poster]. Multidisciplinary Simulation
of the Neonatal Golden Hour Improves Very Low Birth
Weight Infant Admission Temperatures
International Pediatric Simulation Symposia

Lam, F., & Spellman, E. [Webinar presentation]
Call to Action: Experience Adopting the ENFit System
to Guard Against Accidental Tubing Misconnections
Institute for Safe Medication Practices

February 24, 2021

Spellman, E., & Elgin, T. Interprofessional Simulation to

September 2021

Improve Admission Temperatures for Very Low

Birthweight Infants. [Poster].

National Association of Neonatal Nurses Annual Conference

Spellman, E., & Horak, T. Saving Tiny Babies: Perinatal and October 2021 Neonatal Collaboration to Optimize Outcomes in the ELBW Population [Poster]
Association of Women's Health, Obstetric and Neonatal Nurses Annual Conference

Spellman, E., & Elgin, T. [Presentation]. October 5, 2021 Running an Effective Mock Code Using Simulation Principles University of Iowa Stead Family Children's Hospital Annual Conference

Elgin, T., Spellman, E., & Wong., S. Utilizing an Intensive October 2021 Training Program to Improve Neonatal-Pediatric Transport Intubation Success. [Poster].

American Academy of Pediatrics National Conference

Publications

- Lam, F., Steig, A., Spellman, E., & Schantz, A. (2020). Lessons learned in switching to ENfit. Pharmacy Purchasing & Products, 17(12), 18.
- Billa, R., Byrne, D., Barnard, C., Schmelzel, M., Spellman, E., Segar, J.L., Tomasson, M.H., Dagle, J.M., Bates, M.L., & Elgin, T.G. (2021). The use of simulated research rehearsals to address barriers to cardiopulmonary physiology research in the neonatal intensive care unit. *Human Factors in Healthcare*, 1, 1-7. https://doi.org/10.1016/j.hfh.2022.100007.

EAS

Elgin, T.R., Spellman, E., Schmelzel, M.L., Colaizy, T.T., Rabe, G., & O'Connor, P. (2022). The introduction of a simulated thermoregulation intervention to improve very low birth weight infant initial admission temperatures in a neonatal intensive care unit. *International Journal of Healthcare Simulation-Advances in Theory and Practice 1* (3), 47-55. https://ijohs.com/article/doi/10.54531/DRKQ7209.

Grants

- Elgin. T., & Spellman, E. Neonatal and Pediatric Simulation Support, Stead Leadership Grant, University of Iowa Stead Family Children's Hospital, 2019
- Elgin. T., & Spellman, E. Neonatal and Pediatric Simulation Support, Stead Leadership Grant, University of Iowa Stead Family Children's Hospital, 2020
- Elgin. T., & Spellman, E. Neonatal and Pediatric Simulation Support, Stead Leadership Grant, University of Iowa Stead Family Children's Hospital, 2021
- Elgin. T., & Spellman, E. Neonatal and Pediatric Simulation Support, Stead Leadership Grant, University of Iowa Stead Family Children's Hospital, 2022
- Elgin, T., Stewart, S., Colaizy, T., Santillan, M., Hanrahan, K., Spellman, E., & Meyer, J. Savvy Ferentz Grant Award. Design, Development and Beta Testing of Web-based Premature Infant Resuscitation Navigation Application to Inform Mothers' Experience Prior to Resuscitation in the Delivery Room. September 2020.